



Industries' Contributions and Considerations in Promoting Healthy Diets

<u>A de Bree</u>

Global Cross-Category Nutrition Director, Unilever, Netherlands

We have a long Nutrition heritage in Unilever. Our Sustainable Living Plan is firmly embedded in our business and features strong nutrition commitments across the total portfolio, in all geographies. In addition, we have a global Employee Wellness Programme promoting healthier diet and lifestyle to our employees.

With our products we play a key role in contributing to Heart Health through providing good fats and reducing salt in many products, as well as work to increase awareness and encourage behaviour change. All of our products will carry nutrition labelling end 2015 and we apply a global policy for responsible marketing of our products, including marketing to children. In addition, through our restaurant supply business we provide solutions to help address the obesity challenge with products with reduced calories and sugar content, providing chefs with better options for eating out.

We drive awareness of and solutions to the issue of undernutrition, in partnership with national and international partners like WFP and using the scale of our brands, like Knorr, we bring nutritious cooking to more people. We also make a significant contribution to address undernutrition through our fortified products, working with catering facilities for elderly homes. All key stakeholders have a role to play in promoting healthier diets and lifestyles. We cannot achieve public health goals on our own, therefore, we need to work in partnership with all stakeholders to help drive healthy behaviour change among consumers.

We are recognised for our actions and transparency in external assessments, such as Dow Jones Sustainability Index and in the Access to Nutrition Index.